



## DR. YURTH TRANSITIONS TO FULL-TIME PRACTICE AT BOULDER LONGEVITY INSTITUTE

### Accepting New Patients for Regenerative Orthopedic and Functional Medicine Services

BOULDER, Colorado, Feb. 5, 2021 – Boulder Longevity Institute (BLI) today announced that Elizabeth Yurth, MD, who has been serving the Boulder orthopedic community for 27 years, has transitioned full-time to BLI as Medical Director, and is accepting new patients for regenerative orthopedic and functional medicine services. As a double-board certified physician in Physical Medicine & Rehabilitation and Anti-Aging & Regenerative Medicine, Dr. Yurth treats patients of all performance levels suffering from sports injuries, back pain, arthritis, and the general challenges of aging.

“I’m excited to be at BLI full time as it allows me to further our mission to educate and encourage people to take back control of their health. We take the time to teach people how to heal, regenerate and optimize, which is what patients are looking for,” said Elizabeth Yurth, MD. “If someone is not healing or has recurring injuries, then there is most likely a foundational health issue that needs to be fixed at the cellular level.”

By combining orthopedics, regenerative medicine, and cellular medicine, BLI offers the latest in leading-edge treatment options. Dr. Yurth will be providing regenerative orthopedic procedures including PRP, PRFM, A2M, Extracellular Vesicles, and Stem Cell Procedures at BLI and the Boulder Surgery Center. Additional BLI services include Medically Managed Peptide Treatments and Bioidentical Hormone Replacement Therapy.

## **About Elizabeth Yurth, MD**

Elizabeth Yurth, MD is the Medical Director of the Boulder Longevity Institute which she co-founded in 2006. Dr. Yurth is double board-certified in Physical Medicine & Rehabilitation and Anti-Aging/Regenerative Medicine. As a specialist in Sports, Spine, and Regenerative Medicine, Dr. Yurth has a Stanford-affiliated Fellowship in Sports and Spine Medicine, and a dual-Fellowship in Anti-Aging and Regenerative Medicine (FAARM) and Anti-Aging, Regenerative and Functional Medicine (FAARFM) through the American Academy of Anti-Aging Medicine (A4M). Dr. Yurth is a faculty member and one of the 25 mastermind physician fellows in SSRP (Seeds Scientific Research and Performance) which allows her to stay abreast and teach others in the emerging field of cellular medicine. An active athlete herself, Dr. Yurth has worked with numerous sports teams at both the collegiate and professional levels. Presently she consults with high-level athletes from across the country to help aid recovery and optimize performance. Dr. Yurth resides in Boulder, Colorado with her husband and five children.

## **About Boulder Longevity Institute**

BLI, under the direction of Elizabeth Yurth, MD, Co-Founder and Medical Director, has been providing our clients with *Tomorrow's Medicine Today* since 2006. Nationally recognized as experts in health optimization and providing leading-edge regenerative care, we take the time to teach you how to heal, regenerate, and optimize. BLI's services include Medically Managed Peptide Treatments Regenerative Orthopedic Procedures, Bioidentical Hormone Replacement Therapy

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